

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Elrette Lishman

Has successfully participated & completed the

20km Ezemvelo Presented by BoutTime & Navworld

held at Cowhouse Market.

**TIME** 01:38:40

**PACE** 12.16km/h

**GENDER** 14 of 63

OVERALL 41 of 127 SUB VETERAN 6 of 23

02 April 2016, Sat





